

GardenWorks Open House Week

May 19th - May 23rd 2014

Bright Horizons at High Ridge Park



Join us to tour the Bright Horizons at High Ridge Park center, and explore fun planting activities throughout the week. All children who visit will receive a 'Plant-A-Leaf' bookmark to take home. Playing or working in a garden stimulates all five senses while children learn new skills, develop self-confidence, socialize, and become nurturers. Whether digging in soil, composting food waste, planting seeds in wet paper towels, or growing herbs in a classroom, children can have fun while learning about nature. Our GardenWorks curriculum facilitates a connection to the natural world, where children have the opportunity to learn:

- Where food comes from
- Environmental care and sustainability
- The life cycle of a plant
- Healthy eating and nourishment

Bright Horizons at High
4 High Ridge Park, Stamford, CT
203-321-1681

www.brighthorizons.com/highridge

