

Bright Horizons at Long Ridge News

From the Director

Winter Carnival Re-cap

Thank you to the many families who joined us for our Winter Carnival on February 8th. Fun winter science and art focused activities were offered in Nursery, Toddler and Preschool classrooms.



Summer Camp

Believe it or not, it's time to think about summer. Bright Horizons' updated **Camp Explorations** is a fun and exciting camp designed to meet both children's interests and parent's expectations.

Our **Preschool Summer Adventures** camp for preschool and **X-treme Summer Fun** camp for school-age both have focus areas, activities and special events to engage children but with the flexibility our parents need.

Our camp programs are exciting, convenient, health and safety focused and led by our experienced teachers. Campers will experience fun, adventure, fitness and technology.

Registration information is coming soon!

Important Dates

3/2: Dr. Seuss Birthday

3/7: Parent Partnership Meeting
5:30pm-6:30pm in the Art Studio

Reasons to Celebrate

Happy Birthday!



Kate S – 2nd
Claire Q – 7th
Wyatt C – 10th
Declan H – 12th
Avery K – 19th
Benjamin T – 21st
Zosia R – 23rd
Victoria S – 25th
Charles L – 29th

Bright Horizons at Long Ridge

778 Long Ridge Road, Stamford, CT 06905

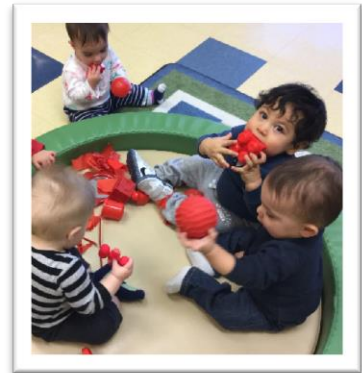
203-461-8653 | Irr@brighthorizons.com

Days & Hours

CLASSROOM HIGHLIGHTS

Infant

This month, in the Nurseries the babies used the color red. They were exposed to a variety of red objects such as pom-poms, tissue paper, lego blocks, sensory balls, and foam shapes. The older babies explored play dough. This activity offered sensory, spatial and environment discovery.



Toddler

While learning about how to take care of their baby dolls, the Toddlers learned about how to take care of themselves. They talked about the importance of washing hands and taking baths while the children washed the babies in the sensory table. The children learned about healthy eating while feeding their babies and learned about proper exercise while the children took the babies for a walk and played with them.



Preschool

During a week on Chinese New Year, which is based on the lunar calendar, the children in Preschool One looked at the phases of the moon on the iPad. They learned that the Chinese New Year begins at the New Moon, and what exactly that means. For a math activity after, the class played a memory matching game using picture of the moon during different phases.



Kindergarten Prep

Throughout the month of February, K-Prep students learned about their own cultural heritage as well as their classmates'. Fostering their emergent social studies, language, math, social, and literacy skills, and the children explored these diverse cultures as they read folktales, dressed up in multicultural clothing, counted through the calendar in different languages, learned about various forms of dance and movement, and replicated famous architecture from around the globe.



READY FOR SCHOOL NEWS

¹. Building Responsibility

When asked what traits parents would like to see in their children, one of the most common responses is “to be responsible.” According to the Center for Parenting Education, being responsible is a key to children’s future success both in school and in the larger world.

Contributing to the family by helping with age-appropriate chores instills a sense of responsibility and fosters competence in young children while teaching them valuable life skills. By making helping part of your family culture, you demonstrate that contributions, big and small, are part of the expectations of life. Taking the attitude that “in our family everyone helps” is much more effective than “this is a job that you must do.”

With young children, the goal is for the contribution to be enjoyable so it instills a sense of pride. Include your child in the process of planning and assigning jobs. Choose jobs that are appropriate for your child’s developmental capacity and temperament. Below are some suggestions:

Toddlers:

- Help put toys away
- Sort and match socks
- Carry own backpack or lunchbox
- Classify items to recycle (cans, paper)
- Turn off lights and the water faucet

2-3 Year Olds:

- Help feed pets
- Dust with socks on hands
- Clear own dishes from table
- Help set the table and fold napkins
- Carry laundry to the washer

4-5 Year Olds:

- Water plants
- Set and clear the table
- Carry out recycling bins
- Make own bed (if simple)
- Rake leaves

Family members develop a closer connection to each other by working side-by-side to complete a task. Every family is unique, yet in all families, it takes cooperation to run a household. Children’s contributions help them recognize their competence and the importance of their role in the family. When everyone pitches in, tasks get done more quickly. For additional ideas obtain the READY for SCHOOL Family Activity Cards available for preschoolers from your center.

For more information, see The Center for Parent Education website:

<http://centerforparentingeducation.org/library-of-articles/responsibility-and-chores/developing-responsibility-in-your-children/>