

MENU



Bright Horizons Child Care & Early Education Center

Infants and Toddlers are served Whole Milk

Two's on up are served 2% Milk

Infant/Toddler substitutions are shown in parenthesis



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Rice Krispie Cereal Fresh Fruit Milk	Warm Bagels with Cream Cheese Fresh Fruit Milk	Whole Grain Corn Flakes Fresh Fruit Milk	Fresh Baked Apple Strudel Fresh Fruit Milk	Raisin Bran Cereal (Cheerios) Fresh Fruit Milk
Morning Snack	Gold Fish Crackers Water	Rice Cakes (Apple Muffins) Water	Fig Newton's Water	Vanilla Yogurt with Fresh Berries Water	Vanilla Wafers Water
Lunch	Cheesy Mac & Cheese with Hot Dogs Peas & Carrots Fresh Fruit Milk	Italian Sausage Pizza Broccoli Fresh Fruit Milk	Fish Nuggets Warm Tomato Soup (Green Beans) Fresh Fruit Milk	Salisbury Steak with Whipped Mashed Potatoes Fresh Fruit Milk	Pulled BBQ Chicken Sandwich Cauliflower Fresh Fruit Milk
Afternoon Snack	Colby Cheese Cubes Townhouse Crackers Water	Warm Cornbread Muffins with Jelly Water	Warm Soft Pretzels Cheese Dip Water	Hard Boiled Eggs Carrot Sticks Veggie Dip Water	Fresh Sliced Bananas With Nutrigrain Cereal Bars Water
Veggie Meal Substitutes	Cheesy Macaroni & Cheese	Cheese Pizza	Pasta with Marinara Sauce	Veggie Burger	Grilled Cheese Sandwich



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For the weeks of November 19th, December 17th, January 14th, February 11th,
March 11th, April 8th, May 6th

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	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Rice Krispie Cereal Fresh Fruit Milk	Warm French Toast Sticks & Syrup Fresh Fruit Milk	Whole Grain Corn Flakes Fresh Fruit Milk	Warm Oat Bran Muffins Cottage Cheese with Peaches Milk	Whole Grain Cheerios Fresh Fruit Milk
Morning Snack	Animal Crackers Water	Nutri Grain Cereal Bars Water	Graham Crackers Water	Cucumber Slices with Ranch Veggie Dip (Fig Newton's) Water	Whole Wheat Pita Hummus Water
Lunch	Tuna Noodle Casserole Carrots Fresh Fruit Milk	Cheese Burgers Crispy Tater Tots Corn (Peas) Fresh Fruit Milk	Diced Chicken Tacos with Lettuce, Sour Cream & Cheese on Whole Wheat Tortillas Beans & Rice Fresh Fruit Milk	Whole Wheat Pasta with Marinara Sauce Garden Salad with French Dressing (Carrots) Fresh Fruit Milk	Country Fried Steak Whipped Potatoes Green Beans Fresh Fruit Milk
Afternoon Snack	String Cheese with Townhouse Crackers Water	Banana Bread Apple Sauce Water	Multicolored Tortilla Chips Spinach Dip (Blueberry Bagels with Jelly) Water	Fresh Yogurt with Cinnamon Apple Slices Water	Whole Wheat Pita Triangles with Hummus Water
Veggie Meal Substitutes	Cheese Ravioli with Alfredo Sauce	Grilled Cheese Sandwich	Cheese & Veggie Quesadillas	*No Substitution Needed	Veggie Burger



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For the weeks of November 26th, December 24th, January 21st, February 18th, March 18th, April 15th, May 13th

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	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Raisin Bran Cereal Fresh Fruit Milk	Warm Silver Dollar Pancakes with Syrup Fresh Fruit Milk	Whole Grain Cheerios Fresh Fruit Milk	Warm Mini Bagels with Cream Cheese Fresh Fruit Milk	Whole Grain Corn Flakes Blueberries Milk
Morning Snack	Goldfish Crackers Water	Rice Cakes (Apple Muffins) Water	Fig Newton's Water	Vanilla Yogurt with Fresh Berries Water	Vanilla Wafers Water
Lunch	Baked Chicken Breast with Lemon Brown Rice Mixed Vegetables Fresh Fruit Milk	Sliced Turkey with Whipped Potatoes Green Beans Fresh Fruit Milk	Swedish Meatballs with Gravy over Egg Noodles Peas Fresh Fruit Milk	Terrific Turkey Tetrazzini Cauliflower Fresh Fruit Milk	Gyros on a Whole Wheat Pita with Cucumber Sauce Broccoli Fresh Fruit Milk
Afternoon Snack	Cheddar Cheese Cubes with Townhouse Crackers Water	Warm Cornbread Muffins with Jelly Water	Warm Soft Pretzels Cheese Sauce Water	Hard Boiled Eggs Carrot Sticks Veggie Dip Water	Fresh Sliced Bananas with Nutrigrain Cereal Bars
Veggie Meal Substitutes	Beans & Brown Rice	Cheesy Macaroni & Cheese	Vegetarian Meatballs with Egg Noodles	Cheese & Veggie Quesadillas	Veggie Burger on Wheat Pita



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For the Weeks of December 3rd, December 31st, January 28th,
 February 25th, March 25th, April 22nd, May 20th

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	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Rice Krispie Cereal Fresh Fruit Milk	Assorted Warm Muffins Fresh Fruit Milk	Whole Grain Raisin Bran Cereal (Cheerios) Fresh Fruit Milk	Mini Croissants with Fruit Jelly Cottage Cheese with Peaches Milk	Whole Grain Corn Flakes Fresh Fruit Milk
Morning Snack	Animal Crackers Water	Nutri Grain Cereal Bars Water	Graham Crackers Water	Fresh Sliced Cucumbers with Ranch Veggie Dip (Fig Newton's) Water	Whole Wheat Pita Hummus Water
Lunch	Baked Chicken Sandwiches Peas & Carrots Fresh Fruit Milk	Baked Cheese Tortellini with Marinara Sauce Fresh Fruit Garden Salad (Cauliflower) Milk	Turkey Sloppy Joe Sandwiches Green Beans Fresh Fruit Milk	Chicken Stir Fry with Whole Grain Rice Peas Fresh Fruit Milk	Chili with Warm Cornbread Broccoli Fresh Fruit Milk
Afternoon Snack	String Cheese with Townhouse Crackers Water	Chef Jeff's Homemade Banana Bread Apple Sauce Water	Multi-Colored Tortilla Chips with Spinach Dip (Blueberry Bagels with Jelly) Water	Vanilla Yogurt with Cinnamon Apple Slices Water	Whole Wheat Pita Triangles with Hummus Water
Veggie Meal Substitutes	Grilled Cheese Sandwich	*No Substitution Needed	Veggie Sloppy Joe Sandwich	Veggie & Rice Stir Fry	Cheese & Bean Veggie Chili



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For the weeks of December 10th, January 7th, February 4th,
 March 4th, April 1st, April 29th, May 27th