

# Well Aware at Bright Horizons

*Building the foundation for a lifetime of healthy habits*



**Nutrition • Health and Safety • Physical Fitness • Responsibility • Wellness**

**Join us on Sunday, May 5<sup>th</sup> for a  
Well Aware Open House  
12:00 p.m. – 2:00 p.m.**

- *See the skills your child is developing each day to stay healthy*
- *Participate in Well Aware-themed activities with your child*
- *Learn more about our health and safety practices*
- *Take part in our 'Movement Matters Family Fitness Challenge' (and win prizes!)*
- *Enjoy healthy snacks and refreshments*
- *Spend time with other families at our center*

*We are a proud participant of Wilton's annual 'Go Green' Festival!*

**Bright Horizons at Wilton**  
203-834-2616  
7 Godfrey Place, Wilton, CT, 06614  
wilton@brighthorizons.com  
www.brighthorizons.com/wilton



  
**Bright Horizons**  
*Early Education & Preschool*