

R. Kirk Landon Learning Center Menu May 2013



Monday 4/29/2013	Tuesday 4/30/2013	Wednesday 5/1/2013	Thursday 5/2/2013	Friday 5/3/2013
Waffles Blackberry Jam Milk	Cinnamon Apple Muffins Sliced Pineapples Milk	Yogurt with Granola Fresh Strawberries Milk	Cheerios Fresh Apples Slices Milk	Turkey Sausage Biscuits Pineapples Milk
Chicken & Biscuit Pie Mandarin Oranges Milk	Dirty Rice (turkey, kidney beans and tomatoes) Green Beans Pears Milk	Eggplant w/ Penne Pasta Zucchini Tropical Fruit Milk	Chicken Flatbread with Peppers & Onions Fresh Orange Slices Milk	Turkey Meatball Sub Baked Fries Green Beans Tropical Fruit Milk
Fresh Orange Smiles Goldfish Water	Rice Krispy Treats Applesauce Water	Steamed Broccoli w/ Cheese Water	Berry Yogurt Parfait Water	Hummus Wheat Crackers Water

Monday 5/6/2013	Tuesday 5/7/2013	Wednesday 5/8/2013	Thursday 5/9/2013	Friday 5/10/2013
French Toast Fresh Oranges Milk	Turkey Bacon Cheese Grits Fresh Apple Slices Milk	Oatmeal Fresh Apples Milk	Apple Muffins Fresh Strawberries Milk	Rice Krispies Cereal Applesauce Milk
BBQ Chicken Orzo Pasta Salad Fresh Carrots Fresh Strawberries Milk	Cheese Enchiladas Green Beans Garden Salad Fresh Mangoes Milk	Chicken Salad Croissant Lima Beans Sliced Bananas Milk	Chicken Tenders Sweet Potatoes Corn Fresh Oranges Milk	Vegetable Lasagna Wheat Breadsticks Fresh Peaches Milk
Vanilla Pudding Wafers Water	Rice Krispies Treats Applesauce Water	Banana Bread Tropical Fruit Water	Whole Grain Nutri-Bar Water	Animal Crackers Apple Slices Water

Monday 5/13/2013	Tuesday 5/14/2013	Wednesday 5/15/2013	Thursday 5/16/2013	Friday 5/17/2013
Chicken Biscuits Tropical Fruit Milk	Oatmeal Fresh Pears Milk	Cheese Grits Turkey Bacon Fresh Peaches Milk	Cheerios Fresh Strawberries Milk	Cream of Wheat Banana Slices Milk
Chicken Baked Ziti Breadsticks Fresh Oranges Slices Milk	Chicken Quesadillas Black Beans Mexican Rice Strawberry Salad Milk	Macaroni Cheese Bake Carrots & Peas Tropical Fruit Milk	Turkey Chili Cornbread Fresh Green Beans Tropical Fruit Milk	Tofu Lo Mien w/ Chinese Vegetables Applesauce Milk
Tomato on flatbread Water	Cheese Sticks Water	Strawberry Applesauce Water	Pretzels Cheese Cubes Water	Bagels Cream Cheese Water

**Menus subject to change upon availability of products. * Canned fruit is served in its own juice.*

**Water is offered daily.*

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Monday 5/20/2013	Tuesday 5/21/2013	Wednesday 5/22/2013	Thursday 5/23/2013	Friday 5/24/2013
Blueberry Loaf Fresh Oranges and Strawberries Milk	French Toast Fresh Peaches Milk	Turkey Sausage Cheese Grits Fresh Apples Milk	Whole Wheat Pancakes Blackberry Compote Milk	Cheerios Fresh Peaches Milk
Chicken and Broccoli Casserole Fresh Peaches Milk	Taco Salad <i>(turkey, shredded lettuce, tomato, & cheese)</i> Tropical Salad Milk	Teriyaki Fish Sautéed Vegetables Brown Rice Fresh Pears Milk	Mozzarella Flatbread Steamed Veggies Fresh Strawberries Milk	Chicken Fried Rice Egg Rolls Fresh Fruit Salad Milk
Chips Salsa Water	Mango Smoothies Goldfish Water	Celery Sticks Ranch Water	Cubed Cheese Crackers Water	Raspberry Banana Smoothies Water

Monday 5/27/2013	Tuesday 5/28/2013	Wednesday 5/29/2013	Thursday 5/30/2013	Friday 5/31/2013
Waffles w/ Blueberry Compote Milk	Turkey Sausage Biscuits Apples Milk	Corn Flakes Fresh Oranges Milk	Cream of Wheat Fresh Blueberries Milk	Blueberry Loaf Pineapples Milk
Turkey Burgers on Wheat Bun Green Peas Fresh Peaches Milk	Sloppy Joes Mini Bun Garden Salad Fresh Oranges Milk	Cod Fish Sweet Potatoes Green Beans Peaches Milk	Curry Chicken Wild Rice Fresh Snow Peas Pears Milk	Potato Bar <i>(diced chicken, cheese, salsa, sour cream)</i> Broccoli Fruit Salad Milk
Tomato and Cucumber Salad Water	Fresh Fruit Salad Yogurt Water	Cantaloupe & Strawberries Water	Pretzel Goldfish Apple Slices Water	Breadsticks Marinara Sauce Water

Vegetarian Substitution

Tofu, veggie sausage, soy chicken nuggets, or beans will be substituted for any menu item that is not allowed for vegetarians. Please let your child's teacher and a member of management know if this is the option for your child.



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