



APRIL 2018



Camp Amgen North Snack Menu

FOR ALL ROOMS *Please note, all rooms are included on this sheet *Milk (Toddlers-whole; Ages 2 to 5- 1%)

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|--|--|---|--|
| 2 am- Rice Chex Cereal pm- Turkey Slices w/ Ritz Crackers | 3 am- Peach Yogurt w/ Graham Crackers pm- Apple Butter w/ WW Bread & Edamame | 4 am- Bananas w/ Granola pm- Whole Grain Macaroni & Cheese w/ Steamed Peas | 5 am- Waffles w/ Strawberries pm- Cantaloupe w/ String Cheese | 6 am- Cottage Cheese w/ Blueberries pm- Watermelon w/ Pretzel Goldfish Crackers |
| 9 am- Rice Krispies Cereal pm- Hummus w/ Pita Bread | 10 am- Cantaloupe w/ Graham Crackers pm- WW Turkey Sandwich w/ Tomatoes | 11 am- Strawberry Yogurt w/ Blueberries pm- Pasta Marinara w/ Parmesan Cheese | 12 am- Bananas w/ Raisin Bread pm- Blueberry Muffins w/ Pineapple | 13 am- Pancakes w/ Strawberries pm- Guacamole w/ Ritz Crackers |
| 16 am- Cheerios Cereal pm- Oranges w/ Wheat Crackers | 17 am- Bananas w/ Granola pm- Carrots w/ Greek Yogurt Ranch Dip & Wheat Crackers | 18 am- Cinnamon Oatmeal w/ Blueberries pm- Watermelon w/ Ritz Crackers | 19 am- Blueberry Yogurt w/ Graham Crackers pm- Zucchini Muffins w/ Applesauce | 20 am- Raisin Bagels w/ Cream Cheese pm- Mild Cheddar Cheese Slices w/ Sliced Cucumber |
| 23 am- Corn Chex Cereal pm- Guacamole w/ Wheat Crackers 30 am- Special K Cereal pm- WW Turkey Sandwich w/ Mustard & Edamame | 24 am- Peach Yogurt w/ Graham Crackers pm- Strawberries w/ Whole Grain Goldfish Crackers | 25 am- Cantaloupe w/ Raisin Bread pm- Turkey Slices w/ Ritz Crackers | 26 am- Cream of Wheat w/ Blueberries pm- Grilled Chicken Nuggets w/ Mashed Potatoes | 27 am- Cottage Cheese w/ Strawberries pm- Pineapple w/ Colby Jack Cheese Sticks |