

Well Aware at Bright Horizons

Building the foundation for a lifetime of healthy habits



Nutrition • Zumba • Yoga • Gardening • Wellness

**Join us on Saturday, June 1 for a
Family Fitness Fun
10:00 a.m. – 12:00 p.m.**

- *Participate in Family-themed activities with your child*
- *Enter to win a collection of Award Winning Children's Books*
- *Bring a friend and enter to win a Kindle*
- *Plant your own Tomato Plant*
- *Enjoy healthy snacks and refreshments*
- *Spend time with other families in the community*

Bright Horizons at Garner
510.769.5437
2275 North Loop Road, Alameda
garner@brighthorizons.com
www.brighthorizons.com/garner




Bright Horizons[®]
Early Education & Preschool