

Bright Horizons @ Research Triangle Park

May 2015

Robin Sarine, Director



Fun Month of May for our Teachers!

Our employees will enjoy several fun events throughout the month of May! We will be treating our staff to a wonderful dinner at The Melting Pot where we will announce and celebrate the recipients of this year's Awards of Excellence!

Our Better Together group (group of teachers focused on center moral) has planned a few events such as Sundaes in the Lounge and Hand Spa day. Our Chef, Jorge will be taking special orders for breakfast one day.

Our Parent Partnership group has a few surprises up their sleeves for our employees. Phase I is complete...Phase II will be coming to you soon. Many thanks to those who have already participated ahead of time! We cannot begin to express the support our employees feel when parents are involved in appreciating the hard work they do every day to care for these little ones.

And lastly, Bright Horizons will host a Professional Development Day on Saturday, May 30. Our staff are excited to show off their school pride with our new Bright Horizons at RTP shirts! The theme this year is the Groovy 60's and we had fun developing our shirt and props! We are looking forward to amazing trainings offered by area leaders as well as special key note speakers from our Education Department and the Foundation for Children.



Kindergarten Celebration

Our Kindergarten Prep class is ready for school!

We invite your family and friends to join us
as we celebrate their journey this year.

June 12, 2015

12:00 p.m. - 1:00 p.m.



Summer Session 2015

Summer Adventures

Preschool 1, Preschool 2 & Kindergarten Prep

June 1 - August 28

It's going to be EPIC!



Connect with Bright Horizons



Important Dates to Remember

May 1-31 Teacher & Staff Appreciation Month

May 8 Muffin's for Moms

May 10 Mother's Day

May 25 **School is Closed**

Happy Birthday to Jorge (Chef), Jimmeane (PSI) & Arti (KP)

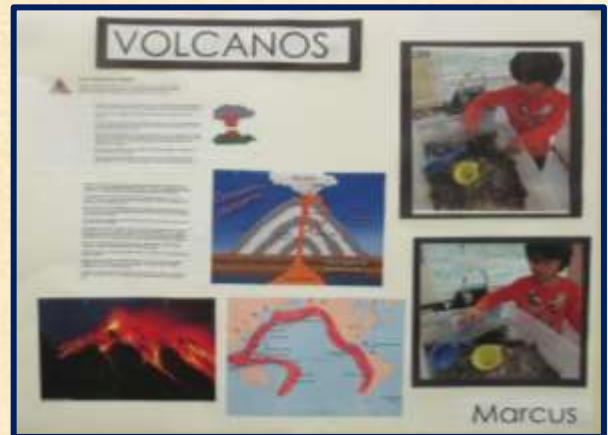
Happy 17 year Anniversary to Robin
Happy 2 year Anniversary to Sheronda

Center Highlights



Kindergarten Prep Science Fair

Students developed their own Science Projects, prepared them in the classroom and presented their findings to their parents at our recent Kindergarten Prep Science Fair! It was an impressive afternoon and we are so proud of their hard work!



Outdoor Learning Enhancements – We are in the process of creating new spaces for our students outdoors. Phase 1 & 2 allowed us to create a Lounge & Read Zone and an Outdoor Theater. Both are a huge hit with the children!



READY for SCHOOL Parent News: Partnering with Teachers in Potty Training

Your child seems old enough to begin potty training, but you wonder how potty training works in child care. Relax. Like every other aspect of child care, you and your child's teacher will work as partners in the process of potty training. Potty training while in child care is usually very successful. At school, your child sees other children visiting the bathroom, which can create a powerful incentive and example. Teachers are usually very experienced in potty training and can offer you a lot of support. Soon, your days of changing diapers will be over and your child will seem oh, so grown up.

Below are a few more tips for potty training at child care:

- **Get on the same page.** Talk with your child's teachers about the approach they use. They can help you watch for signs of readiness. These signs may include staying dry for lengths of time, expressing an interest in using the toilet, and being able to pull clothes up and down. You and your child's teachers will work together to develop a plan for potty training. Mutually agree on how you'll handle potty training and make sure that you consistently follow the plan during the evenings and weekends.
- **Come prepared.** Accidents are bound to happen during the first few weeks of potty training. Be sure to send your child with plenty of clean clothes. Skip the onesies, blue jeans, or overalls, and opt for soft, loose pants with an elastic waistband. These clothes help your child be more independent, and they also simplify the inevitable changes. Send your child in shoes that come off easily and don't forget extra socks.
- **Expect setbacks.** Potty training is a major developmental milestone and it's very common for children to make progress and then regress. Try not to get discouraged or express frustration to your child. Make sure that your child is really ready before you start potty training. The age of readiness varies from child to child, but most children are ready to potty train between 20 and 30 months. Take it slow and use a relaxed, positive approach. Talk with your child's teacher if you have questions or just need some extra support.

As you go through the potty training process, try to keep perspective. Some children are very motivated and learn to use the toilet quickly. Others need more time before they completely master this developmental task. Remember that both you and your child are doing the best you can. Before long, your child will be diaper-free and ready for the next adventure.

Bright Horizons News



May is Teacher and Staff Appreciation Month!



The greatest reward a teacher or staff member receives is knowing that they have made a difference in the lives of children and families. Each year **Bright Horizons®** dedicates the month of May as a time to celebrate and recognize all of the teachers and staff who make this such a wonderful place for children and families.

As part of this month long celebration, we invite you to visit our [Teacher & Staff Appreciation Website](#). Here, you can leave a special note of appreciation for your child's teacher or exceptional staff member. The website will be open from May 1st through May 31st.

If you're looking for another way to celebrate a teacher or staff member, you may consider making a contribution to the [Bright Horizons Foundation for Children®](#) in their name.

Thank you for helping us recognize the important work of our teachers and staff—they make Bright Horizons a great place!

May installment of the Family Matters Webinar Series!



Growing Givers: Raising Socially Responsible Children
May 2015 - Date and time TBD

Raising children to be socially aware, community oriented, charitable minded and educated about their world is more vital than ever in today's global society.

The next webinar in the **Bright Horizons®** Family Matters Webinar Series will provide insight on how social responsibility and empathy develops as your child grows, the intersection of family, school, and community in raising children, as well as meaningful activities families can do together to make a difference in their communities and in the world.

Want to join us in May? [Sign up](#) to be notified when registration opens!