Well Aware at Bright Horizons

Building the foundation for a lifetime of healthy habits



Nutrition • Health and Safety • Physical Fitness • Responsibility • Wellness

Join us on Saturday, June I for a Well Aware Open House 10:00 a.m. – 11:30 a.m.

- See the skills your child is developing each day to stay healthy
- Participate in Well Aware-themed activities with your child
- Learn more about our health and safety practices
- Take part in our 'Movement Matters Family Fitness Challenge' (and win prizes!)
- Enjoy healthy snacks and refreshments
- Spend time with other families at our center

Bright Horizons at Harrison Park 919-678-1010 800 Weston Parkway Cary, NC 27513 harrrisonpark@brighthorizons.com www.brighthorizons.com/harrisonpark



