

Bright Horizons at Harrison Park

May 4 - May 8, 2015

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning Snack	Whole Grain Pancakes Strawberries Hormone-Free Milk	Toasted Oats Blueberries Hormone-Free Milk	Whole Grain Waffles Fresh Fruit Preserves Hormone-Free Milk	Scrambled Eggs Wheat Toast Hormone-Free Milk	Cornflakes Fresh Sliced Bananas Hormone-Free Milk
Lunch	Homemade Rottini Pasta With Broccoli <i>Pasta Marinara Sauce</i> Garlic Bread Sticks Diced Pears Hormone-Free Milk	Salisbury Steaks <i>Chopped Vegan Burger</i> Steamed Brown Rice With Vegetables Fresh Apple Slices Hormone-Free Milk	Barbeque Chicken Sliders <i>Three Grain Sliders</i> Roasted Potato Wedges Fresh Orange Slices Hormone-Free Milk	Whole Grain Cheese Pizza Garden Salad *Steamed vegetables Mixed Fruit Hormone-Free Milk	Turkey And Cheese Wraps <i>Vegetarian Wraps</i> Lettuces And Tomatoes Diced Peaches And Pears Oven Baked Potatoes Hormone-Free Milk
Afternoon Snack	Carrot Sticks String Cheese Water	Wheat Crackers Pimiento Cheese Spread Water	Yogurt Cups With Fresh Fruit Water	Fresh Melon Chunks Wheat Thins Water	Blueberry Applesauce Cups Water

*Vegetarian options are listed in Italics.
All fruit options are fresh or packed in its own juice.*

****This menu is subject to change without notice due to deliveries and emergencies.**

In our curriculum, Well Aware fosters positive attitudes toward healthy living, physical activity, and well-balanced nutrition through appropriate experiences that incorporate healthful habits into daily routines.

