

# Fall/Winter Menu

## Bright Horizons at Southside Works

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March 2<sup>nd</sup>- March 6<sup>th</sup></b>	2OZ TURKEY HAM SLICE 1/4C CARROTS 1 SLICE WHEAT BREAD 1 PIECE FRESH FRUIT 8OZ MILK	5OZ SPANISH RICE W/ 2OZ GROUND TURKEY, TOMATOES & 1/4C RICE 1/4C CORN 1/4C PEARS 8OZ MILK	2OZ SWEDISH MEATBALLS W/ GRAVY ( 4 MEATBALLS) (BEEF) 1/2C WHIPPED POTATOES 1 SLICE WHEAT BREAD 1 PIECE FRESH FRUIT 8OZ MILK	2OZ TURKEY & CHEESE 1 MUSTARD PACKET 1/2C LETTUCE & TOMATO 1 WHEAT BBQ BUN 1 PIECE FRESH FRUIT 8OZ MILK	6OZ PASTA VEGETABLE CASSEROLE W/ 2OZ CHEESE & 1/4C VEGETABLE MEDLEY 1 SLICE ITALIAN BREAD 1/4C APPLESauce 8OZ MILK
<b>March 9<sup>th</sup>- March 13<sup>th</sup></b>	2OZ SWEDISH MEATBALLS ( 4 MEATBALLS) (BEEF) 1/2C WHIPPED POTATOES 1 SLICE WHEAT BREAD 1/4C PEACHES 8OZ MILK	CHICKEN PATTY 1/2C LETTUCE & TOMATO 1 SALAD DRESSING PACKET 1 WHEAT BBQ BUN 1 FRESH FRUIT 8OZ MILK	PIZZABURGER W/ 2OZ BEEF BURGER & 1/2OZ CHEESE 1/4C CORN 1 WHEAT BBQ BUN 1 ORANGE 8OZ MILK	2OZ TURKEY W/ GRAVY 1/2C WHIPPED POTATOES 1 DINNER ROLL 1/4C PINEAPPLE 8OZ MILK	5OZ MACARONI & CHEESE 1/2C GARDEN SALAD 1 ITALIAN DRESSING PACKET 1 SLICE ITALIAN BREAD 1/4C APPLESauce 8OZ MILK
<b>March 16<sup>th</sup>- March 20<sup>th</sup></b>	1 BBQ RIB PATTY* (PORK) 1/4C GREEN BEANS 1 WHEAT BBQ BUN 1 PIECE FRESH FRUIT 8OZ MILK	5OZ CHICKEN STEW W/ 2OZ CHICKEN AND 1/4C VEGETABLES 1 SLICE WHEAT BREAD 1 ORANGE 8OZ MILK	2OZ BEEF BURGER 1 KETCHUP PACKET 1/4C BAKED BEANS 1/4C PEARS 1 WHEAT BBQ BUN 8OZ MILK	CHICKEN STRIP SALAD W/ 2OZ CHICKEN & 1/2OZ CHEESE 1/2C SALAD MIX 1 SLICE WHEAT BREAD 1/4C PEARS 8OZ MILK	5OZ TUNA CASSEROLE W/ 2OZ TUNA 1/4C PEAS 1 DINNER ROLL 1/4C FRUIT MIX 8OZ MILK
<b>March 23<sup>rd</sup>- March 27<sup>th</sup></b>	CHICKEN PATTY 1/4C MIXED VEGETABLES 1 WHEAT BBQ BUN 1 PIECE FRESH FRUIT 8OZ MILK	2OZ BEEF BURGER 1/4C GREEN BEANS 1 WHEAT BBQ BUN 1/4C PINEAPPLE 8OZ MILK	5OZ PASTA W/ MEAT SAUCE (TURKEY) DRESSING PACKET 1 SLICE ITALIAN BREAD 1/4C APPLESauce 8OZ MILK	CHICKEN & CHEESE W/ 2OZ CHICKEN 1/2C LETTUCE & TOMATO 1 WHEAT BBQ BUN 1/4C PINEAPPLE TIDBITS 8OZ MILK	CHEF SALAD W/ 1 1/2OZ CHEESE & 1/2 HARD BOILED EGG & 1/2C GARDEN SALAD 1 SLICE WHEAT BREAD 1 ORANGE 8OZ MILK
<b>March 30<sup>th</sup>- March 31<sup>st</sup></b>	5OZ CHICKEN & RICE W/ 2OZ CHICKEN & 2OZ RICE 1/4C CARROTS 1 SLICE WHEAT BREAD 1/4C APPLESauce 8OZ MILK	2OZ SALISBURY STEAK W/ GRAVY (BEEF) 1/2C WHIPPED POTATOES 1 SLICE WHEAT BREAD 1 PIECE FRESH FRUIT 8OZ MILK			

