

# Fall/Winter Menu

## Bright Horizons at Southside Works

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>March 2<sup>nd</sup>- March 6<sup>th</sup></b>	AM SNACK: Cereal Trail Mix  PM SNACK: Hard Boiled Egg and Bread	AM SNACK: Oatmeal  PM SNACK: Cheese stick and Crackers	AM SNACK: Whole Wheat Crackers  PM SNACK: Banana Muffin	AM SNACK: Celery and Hummus  PM SNACK: Whole Wheat Chips and Fresh Fruit	AM SNACK: Bananas  PM SNACK: Veggie Sticks and Crackers
<b>March 9<sup>th</sup>- March 13<sup>th</sup></b>	AM SNACK: Bananas  PM SNACK: Cheese and Bread	AM SNACK: Celery and Hummus  PM SNACK: Yogurt and Crackers	AM SNACK: Yogurt  PM SNACK: Graham Crackers and Fresh Fruit	AM SNACK: Muffins  PM SNACK: Pretzel and Fresh Fruit	AM SNACK: Applesauce  PM SNACK: Hardboiled Egg and Bread
<b>March 16<sup>th</sup>- March 20<sup>th</sup></b>	AM SNACK: Yogurt  PM SNACK: Cheese Stick and Bread	AM SNACK: Cheese Stick  PM SNACK: Graham Crackers and Fresh Fruit	AM SNACK: Applesauce  PM SNACK: Yogurt and Fresh Fruit	AM SNACK: Oatmeal  PM SNACK: Bread Stick and Fresh Fruit	AM SNACK: Cereal Trail Mix  PM SNACK: Veggie Sticks and Crackers
<b>March 23<sup>rd</sup>- March 27<sup>th</sup></b>	AM SNACK: Muffins  PM SNACK: Bread with Jelly and Fresh Fruit	AM SNACK: Cereal Trail Mix  PM SNACK: Graham Crackers and Fresh Fruit	AM SNACK: Cheese Stick  PM SNACK: Cinnamon Bread and Fresh Fruit	AM SNACK: Cooks Choice  PM SNACK: Pretzels and Fresh Fruit	AM SNACK: Whole Wheat Crackers  PM SNACK: Cheese slices and Bread
<b>March 30<sup>th</sup> - 31<sup>st</sup></b>	AM SNACK: Cheese Stick  PM SNACK: Hardboiled Egg and Bread	AM SNACK: Cooks Choice  PM SNACK: Cheese Stick and Crackers			

