

Bright Horizons on the Golden Mile

Snack Menu

May 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 AM: Fresh Fruit PM: graham crackers	2 AM: rice pudding PM: Wheat Thins	3 AM: Corn flakes w/ milk PM: Fresh Fruit	4
5	6 AM: Applesauce PM: Cheese and crackers	7 AM: Fresh Fruit PM biscuits w/low sugar jelly	8 AM: Oatmeal PM veggies and dip	9 AM: Waffles PM: Yogurt	10 AM: Fresh Fruit PM Cheerios with milk	11
12	13 AM: Corn flakes with milk PM Fresh fruit	14 AM: Yogurt PM turkey roll-ups	15 AM: Cereal bars PM: Veggies and Dip	16 AM: Mini pancakes PM Fresh Fruit	17 AM: Applesauce PM: animal crackers	18
19	20 AM: toast w/honey PM: Applesauce	21 AM: Chex cereal with milk PM: Fresh fruit	22 AM: Vanilla Wafers PM: low-fat sherbert	23 AM: Yogurt PM: toast w/ low sugar jelly	24 AM: French toast sticks PM: Fresh Fruit	25
26	27 <i>Center Closed</i>	28 AM: Rice Krispies and milk PM: String cheese	29 AM: Fresh Fruit PM: tuna and crackers	30 AM: Bagels with low fat cream cheese PM: Real Fruit Bars	31 AM: Yogurt PM: trail mix (without nuts)	