

Well Aware at The Academy

Building the foundation for a lifetime of healthy habits



Junior Olympic Events • Yoga • Nutrition • Healthy Snacks

**Join us on Thursday, May 30 for
Family Fitness Fun
2:30 p.m. – 4:30 p.m.**

- *Participate in Family Yoga and Olympics*
- *Enjoy making and eating healthy snacks and refreshments*
- *Spend time with other families*

Bright Horizons at The Academy
760.436.9666
2232 Encinitas Blvd, Encinitas
theacademy@brighthorizons.com
www.brighthorizons.com/theacademy



A BRIGHT HORIZONS PRIVATE PRESCHOOL