

Center Menu for
~ April 21st - 25th, 2014 ~

*Fitzsimons Early Learning Center
managed by Bright Horizons*

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	<ul style="list-style-type: none"> • Cheerios • Mandarin Oranges • Milk 	<ul style="list-style-type: none"> • Pancakes • Watermelon • Milk 	<ul style="list-style-type: none"> • Kix • Applesauce • Milk 	<ul style="list-style-type: none"> • Waffles • Pears • Milk 	<ul style="list-style-type: none"> • Oatmeal • Bananas • Milk
Lunch	<ul style="list-style-type: none"> • Cheese Ravioli with Marinara Sauce • Broccoli • Cantaloupe • Milk 	<ul style="list-style-type: none"> • Black Beans • Tortilla • Corn Salsa • Pears • Milk 	<ul style="list-style-type: none"> • Sliced Ham • Wheat Bread • Salad (mixed greens and vinaigrette) • Peaches • Milk 	<ul style="list-style-type: none"> • Whole Wheat Penne Pasta • Ground Turkey Meat w/ Marinara Sauce • Seedless Watermelon • Milk 	<ul style="list-style-type: none"> • Teriyaki Stir-fry (Brown rice, carrots, peas and chicken) • Pineapple • Milk
Afternoon Snack	<ul style="list-style-type: none"> • Crispix • Vanilla Yogurt • Water 	<ul style="list-style-type: none"> • Monterey Jack Cheese • Wheat thins* • Water 	<ul style="list-style-type: none"> • Hummus • Pita • Water 	<ul style="list-style-type: none"> • Banana Muffins • American Cheese • Water 	<ul style="list-style-type: none"> • Saltine Crackers • Oranges • Water
Evening Snack	<ul style="list-style-type: none"> • Goldfish • String Cheese • Water 	<ul style="list-style-type: none"> • Graham Crackers • Strawberry GoGurt • Water 	<ul style="list-style-type: none"> • Cucumber Slices • Fig Bars • Water 	<ul style="list-style-type: none"> • Ritz • Cantaloupe • Water 	<ul style="list-style-type: none"> • Crispix • Cheddar Cheese • Water

Infant/Toddler/Twos Preparations: 1) Bite sizes are 1/4 inch or less 2) Raw vegetables are softened by steaming.

***Infant/Toddler Substitution:** Club crackers will be substituted for Infants when Wheat Thins are served.

Menu Approval Instructions: Please place a line through (~~Rice~~) items that you **do not want** your child to be given; then sign and date this copy.

Child's Name

Parent Signature and Date