

Food2You Catering
April, May & June 2015 Dining Menu

WEEK 1	4/27 5/25 6/22	4/28 5/26 6/23	4/1 4/29 5/27 6/24	4/2 4/30 5/28 6/25	4/3 5/1 5/29 6/26
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Cheerios Fresh Apples ³ Organic Milk	Wheat Pancakes Pear Puree Turkey Sausage Fresh Bananas Organic Milk	Scrambled Eggs Hash Browns Fresh Pears Organic Milk	Wheat Bagels & Cream Cheese Turkey Bacon Fresh Bananas Organic Milk	Banana Muffins Fresh Peaches Organic Milk
Lunch	Cheese Ravioli Marinara Sauce Steamed Broccoli Fresh Bread Watermelon	Turkey & Cheese Roll-Ups Wheat Pasta Salad Cucumber Slices Fresh Plums	Turkey Tacos Tortillas Shredded Cheese Spanish Rice Veggie Mix Fresh Cantaloupe	Asian Chicken Steamed Broccoli Couscous Watermelon	Grilled Cheese Green Beans Fresh Apples ³
Snack	Blackbean Dip Roasted Tomato Tortillas Water	Vanilla Bean Yogurt Fresh Peaches Water	Spinach & Cheese Wheat Roll-Ups Water	Rice Cakes Organic Milk	Cottage Cheese Fresh Honeydew Water
WEEK 2	4/6 5/4 6/1 6/29	4/7 5/5 6/2 6/30	4/8 5/6 6/3	4/9 5/7 6/4	4/10 5/8 6/5
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Corn Flakes Fresh Pears Organic Milk	Wheat French Toast Peach Puree Turkey Bacon Fresh Bananas Organic Milk	Sausage & Cheese Biscuits Fresh Peaches Organic Milk	Homemade Granola Fresh Bananas Organic Milk	Poppyseed Muffins Fresh Apples ³ Organic Milk
Lunch	Grilled Chicken Wheat Penne Pasta Olive Oil & Parmesan Green Beans Fresh Bread Fresh Peaches	Sloppy Joes Whole Wheat Buns Cauliflower Brown Rice Fresh Plums	Herb Grilled Chicken Sweet Potatoes Steamed Peas Fresh Apples ³	Turkey Meatloaf Mashed Potatoes Steamed Carrots Melon Salad	Thai Chicken Egg Noodles Steamed Broccoli Fresh Peaches
Snack	Fresh Cucumber Tzatziki Sauce Water	String Cheese Fresh Cantaloupe Water	Mediterranean Hummus Whole Wheat Pita Water	Zucchini Bread Fresh Pears Organic Milk	Fresh Bananas Soy Butter Water
WEEK 3	4/13 5/11 6/8	4/14 5/12 6/9	4/15 5/13 6/10	4/16 5/14 6/11	4/17 5/15 6/12
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Whole Grain Chex Fresh Pineapple ² Organic Milk	Wheat Waffles Pear Puree Turkey Bacon Honeydew Melon Organic Milk	Egg & Cheese Breakfast Pizza Fresh Oranges ² Organic Milk	Biscuits & Applesauce Turkey Bacon Fresh Peaches Organic Milk	Carrot Muffins Fresh Pears Organic Milk
Lunch	Whole Wheat Rotini w/ Meatballs Green Beans Fresh Bread Fresh Oranges ³	Turkey & Cheese Sandwiches on Wheat Wheat Pasta Salad Cucumber Slices Fresh Plums	Chicken Quesadillas Peas & Carrots Couscous Watermelon	BBQ Chicken Sandwiches Mashed Potatoes Steamed Broccoli Fresh Honeydew	Mac N' Cheese Peas & Carrots Fresh Plums
Snack	String Cheese Fresh Pears Water	Vanilla Bean Yogurt Fresh Bananas Water	Roasted Vegetable Whole Wheat Pasta Salad Organic Milk	Mediterranean Hummus Whole Wheat Pita Water	Homemade Granola Fresh Bananas Water
WEEK 4	4/20 5/18 6/15	4/21 5/19 6/16	4/22 5/20 6/17	4/23 5/21 6/18	4/24 5/22 6/19
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	Corn Flakes Fresh Apples ³ Organic Milk	Wheat Pancakes Peach Puree Turkey Sausage Fresh Plums Organic Milk	Sausage & Cheese Biscuits Fresh Melon Organic Milk	Egg & Cheese Breakfast Pizza Fresh Pears Organic Milk	Apple Muffins Fresh Bananas Organic Milk
Lunch	Tri Color Cheese Tortellini Green Beans Fresh Bread Fresh Pears	Cheeseburgers Wheat Buns Ketchup & Cucumbers Mashed Potatoes Fresh Pineapple ²	Teriyaki Chicken Couscous Steamed Carrots Fresh Apples ³	Swedish Meatsauce Egg Noodles Green Beans Fresh Watermelon	Cheese Pizza Mixed Veggies Fresh Peaches
Snack	Rice Cakes Fresh Bananas Water	Fresh Zucchini Tzatziki Sauce Water	Red Pepper Hummus Whole Wheat Pita Water	Banana Bread Fresh Oranges ² Water	Fresh Apples ³ Soy Butter Water

This menu has been reviewed and approved by Registered Dietitian Sharon Josefson, R.D., L.D.N.

Infant & toddlers fruit substitutions: 1=Bananas, 2=Peach Puree, 3=Applesauce, 4=Pear Puree, 5=Banana Bread, 6=Cantaloupe

**** ALL LUNCHES SERVED WITH CERTIFIED ORGANIC MILK ****