

Bright Horizons at Beverly Cummings Center

October 2014



From the Director

Experience *a day in the life of your child* at

Curriculum  Night

Tuesday, October, 7, 2014
6:15 p.m. – 7:30 p.m.

**Parents in all age groups are invited to join us
for an orientation
into your child's year at Bright Horizons**

During Curriculum Night, you will:

- Learn about your child's daily classroom schedule and activities
- See how the various pieces of our *The World at Their Fingertips®* curriculum are brought to life throughout the day
- Meet with your child's teachers to ask questions and discuss learning objectives for the upcoming year
- Learn more about how and why we host family conferences and schedule a personal parent conference with your child's teacher

**Don't forget our Family Referral program.
Bring a friend to Curriculum Night too! If
they enroll you can receive credit toward
one month of tuition.**

Important Dates

**October 7: Ron the Puppetman visits
Curriculum Night**
October 13: CENTER CLOSED
October 21: Read for the Record
October 22: Pajama Day
October 29: Family Matters Webinar Series
**October 31: Halloween Walk through
Cummings**

Have you signed up for Online Payments?

Did you know that we now offers a new, easy way to pay tuition? Our *Online Payment Solution* is a secure online web portal accessed via the Family Information Center.

With the new Online Payment Solution, you can:

- Take writing monthly tuition checks off your to-do list
- Pay tuition through our secure online system powered by JP Morgan Chase
- Easily access billing statements and view account balances

Visit <http://familyinfocenter.brighthorizons.com>
to register for online payments today!

Connect with Bright Horizons



Classroom Highlights



Infants

What a great month we had in Infants. We are very excited to have welcomed Isabella, Faraz, Owen and Dean and their families to our program. Ava has moved to Toddler 4, and we wish he the best of luck. We also had to say good-bye to our friend Elise, we wish her luck in her new adventure. This month we had the chance to have Mrs. Kim, Director of Movement, fill in her time in our classroom. While she was here she got the kids stretching, rolling, and crawling. We also have been in the Movement Matters Zone working on our standing and walking skills, pushing the balls around, dancing to music and tummy time in front of the mirror on the blue mats. Ms. Tanya has been introducing some basic signs to the infants such as eat, more, play, all done, drink, etc. With the cooler weather approaching please bring in a jacket as we will be outside going on buggy walks and using the playground.



Preschool

Welcome to the new school year! We are sad to see summer go but excited about all of our new fall curriculum. We started September out doing a unit on apples. For Science Rocks the children conducted a sink or float experiment with an apple. I let the children use their senses to explore the apple. Then I asked them if they thought the apple would float in a bowl of water or sink? After the children hypothesized they conducted the experiment. We also had an apple taste test and graphed what apple everyone liked the best. For fine motor work the children laced yarn in and out of holes on an apple cut out. They also rolled out play dough onto a pattern sheet to make the letter A for apple. These activities will strengthen their fingers and prepare them for handwriting. We wrapped up the month learning about farms. The children learned farm animal baby names and even pretended to milk a cow using vinyl gloves as the udders. It's getting chilly out so make sure to have an extra pair of warm clothes in your child's cubby in case of a spill or accident.



Kindergarten Prep

We would like to welcome everybody to Kindergarten Prep! The children have been doing a great job adjusting to their new schedule and classroom. We have introduced many of our signature practices to the children, such as journals, our morning sign in and afternoon daily sheets, our math guesstimation station and our meeting time W.O.R.L.D form we fill out as a group. They also worked as a group to make a list of classroom rules. Fall is here and many of the children have been discussing their time going apple picking so we have been working on our apples unit. The children used S.T.E.M. to engineer a large structure out of apples and toothpicks, dissected an apple and used their five senses to investigate it and used their language and writing skills to read and write words pertaining to apples. We look forward to having a great year with you all!

READY for SCHOOL Parent News: Inclusion Interactions

Early childhood is the time when children develop lifelong values and dispositions that affect how they view the world, how they relate to others and ultimately how they act. The core of each child's self-esteem and identity stems from the interactions between the child and important adults in the child's life. Children who have a secure sense of identity, (which includes gender, size, race, ethnicity, language, religion, culture, family composition, abilities, etc.), are more likely to develop skills to be inclusive of others.

Just as prejudice and stereotyping are learned behaviors, tolerance and inclusion are learned behaviors as well. Telling children to "be kind," and "play with everyone" or punishing a child for hurting a friend, have little lasting effect on the development of their attitudes. Observing adults being kind and including other people is much more effective. Children learn by modeling the adults in their world. Children are strong perceivers, and they take in all the subtleties of the adults' behaviors.

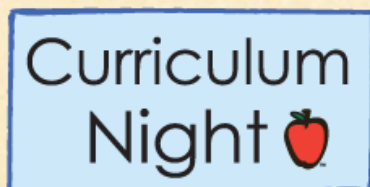
Our behaviors and beliefs have a tremendous impact on how children feel about themselves, view the world, and how they regard differences. As parents, we need to continuously be self-reflective and think about both the direct and subtle messages that we give children. We convey messages by our words, jokes, seemingly innocent comments, tone, body language, facial expressions, and physical actions.

Parents are key in instilling the values of respect, acceptance, and inclusion in their children. Children who feel good about themselves tend to have open hearts and minds; they are less likely to judge people by their accents, clothing, skin colors, sexual preference, age or physical appearance. Acute awareness of the messages that we give children is key. Think about the powerful effect it has on any child when we give him or her the message, "You are recognized, you are valued and I'm **really** glad you're my child."

Bright Horizons News



Curriculum Night 2014: “A Day in the Life”



Join us for a special event and “experience a day in the life” of your child at Curriculum Night 2014.

Parents of children in all age groups are welcome to attend and orientate themselves to their child’s upcoming year with Bright Horizons. Familiarize yourself with your child’s classroom and daily schedule, experience how the various pieces of *The World at Their Fingertips®* curriculum are brought to life each day, and meet with your child’s teachers to ask questions and discuss learning objectives for the upcoming year throughout the event.

Share in the experience and invite your friends and family to attend Curriculum Night with you and your family. You can learn more about Curriculum Night by asking your Center Director or child’s teacher.

SAVE THE DATE: October installment of the Family Matters Webinar Series!

Family Matters

A Bright Horizons Webinar Series

SAVE THE DATE

Wednesday, October 29, 2:00 pm EST

Featuring [AARP](#) Health Experts, Bright Horizons Family Solutions® is bringing you the next installment of the Family Matters Webinar Series on the the basics of Medicare for caregivers Join us in this hour long webinar to discover what you need to know about Medicare policies in an quick and easy to understand format.

Keep checking www.brighthorizons.com/webinar for the latest registration information as it becomes available!