



# Bright Generations Downtown

## January 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>2</b> <b>New Years Day</b> <b>Center Closed</b>	<b>3</b> Yogurt Fruit Salad  Turkey & Cheese Mixed Vegetables Pineapples  Oatmeal Bar Sliced Apple	<b>4</b> Pancakes Fruit Topping Turkey Bacon Mixed Fruit  Salisbury Steak Bermuda Vegetables Peaches  Wheat Thins String Cheese	<b>5</b> Crispy Cereal Fresh Bananas  BBQ Chicken Mashed Potatoes Sweet Corn Fruit Cocktail  Yogurt Assorted Blend Peaches & Strawberries	<b>6</b> French Toast Sticks Turkey Sausages Apple Sauce  Turkey Burger Sweet Potato Fries Tropical Fruit  Wheat Pops Sliced Apple
<b>9</b> Biscuits Turkey Sausage Mixed Fruit  Turkey Meatballs Wheat Rolls Capri Vegetables Pears  Graham Crackers Pineapple Cup	<b>10</b> Blueberry Muffin Apple Sauce  Chicken Fettuccine Green Peas Peaches  Wheat Crackers String Cheese	<b>11</b> Cream of Wheat Turkey Bacon Peaches  Meatloaf Wheat Rolls Red Skin Potatoes Peaches  Yogurt Assorted Peaches & Strawberries	<b>12</b> Hash Browns Turkey Sausage Fruit Salad  Chicken Thighs Mashed Potatoes Bermuda Vegetables Tropical Fruit  Fruit Cups Vanilla Wafers	<b>13</b> English Muffins Strawberry Jam Fresh Strawberries  Chicken Noodle Soup Toasted Cheese Sandwich Fruit Cocktail  Sliced Oranges Graham Crackers
<b>16</b> <b>Martin Luther King Jr. Birthday</b> <b>Center Closed</b>	<b>17</b> Bagel Cream Cheese Fruit Salad  Turkey & Cheese Sandwich Carrot Tropical Fruit  Wheat Crackers String Cheese	<b>18</b> Scrambled Eggs Turkey Sausage Fresh Melon  Baked Drumsticks Northern Beans Basmati Rice Mixed Fruit  Fruit Bite Parfaits Vanilla Wafers	<b>19</b> Waffle Sticks Applesauce Turkey Bacon  Pot Roast Mixed Vegetables Cornbread Peaches  Pineapple Cups Graham Crackers	<b>20</b> Biscuit Turkey Sausage Tropical Fruit  BBQ Chicken Pizza Sweet Corn Pineapple  Sliced Apple Cheese Sticks
<b>23</b> Yogurt Fruit Salad  Turkey Meatballs Wheat Rolls Mixed Vegetables Mixed Fruit  Graham Crackers Pineapple Cups	<b>24</b> Cinnamon Oatmeal Turkey Ham Baked Apples  Turkey Burgers Sweet Potato Fries Fresh Cantaloupe  Oatmeal Bar Sliced Apple	<b>25</b> Wheat Toast Turkey Bacon Fruit Medley  BBQ Chicken Sliders Sweet Corn Fruit Cocktail  Pita Chips Guacamole	<b>26</b> Crispy Cereal Banana  Spaghetti & Turkey Meatballs Bermuda Vegetables Peaches  Yogurt Assorted Peaches & Strawberries	<b>27</b> Waffle Sticks Fruit Topping Peaches  Meatloaf Mashed Potato Diced Carrots Mixed Fruit  Apple Muffins Apple Sauce
<b>30</b> Biscuit Turkey Sausage Mixed Fruit  Mediterranean Soup Cheese Sandwich Diced Peaches  Vanilla Wafers Cheese Sticks	<b>31</b> Crispy Cereal Banana  Chicken & Dumplings Capri Vegetables Pineapples  Yogurt Assorted Graham Crackers	<b>1</b> Scrambled Eggs Turkey Bacon Pears  Salisbury Steak Mashed Potatoes Fruit Cocktail  Oatmeal Bar Fruit Cups	<b>2</b> Blueberry Muffin Apple Sauce  Smothered Chicken Basmati Rice Sweet Corn Tropical Fruit  Sliced Apple String Cheese	<b>3</b> Biscuit Turkey Sausage Mixed Fruit  Chicken Chili Peas & Carrots Cornbread Pears  Mandarin Oranges Graham Crackers