

Bright Generations Downtown January 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6
_	Yogurt	Pancakes	Crispy Cereal	French Toast Stick
	Fruit Salad	Fruit Topping	Fresh Bananas	Turkey Sausages
New Years		Turkey Bacon		Apple Sauce
Day		Mixed Fruit		• •
Center Closed	Turkey & Cheese		BBQ Chicken	Turkey Burger
Center Closed	Mixed Vegetables	Salisbury Steak	Mashed Potatoes	Sweet Potato Fries
	Pineapples	Bermuda Vegetables	Sweet Corn	Tropical Fruit
	• •	Peaches	Fruit Cocktail	•
	Oatmeal Bar		Yogurt Assorted	Wheat Pops
	Sliced Apple	Wheat Thins	Blend	Sliced Apple
		String Cheese	Peaches &	
			Strawberries	
9	. 10	11		13
Biscuits	Blueberry Muffin	Cream of Wheat	Hash Browns	English Muffins
Turkey Sausage	Apple Sauce	Turkey Bacon	Turkey Sausage	Strawberry Jam
Mixed Fruit		Peaches	Fruit Salad	Fresh Strawberries
Turkey Meatballs	Chicken Fettuccine	Meatloaf	Chicken Thighs	Chicken Noodle Sou
Wheat Rolls	Green Peas	Wheat Rolls	Mashed Potatoes	Toasted
Capri Vegetables	Peaches	Red Skin Potatoes	Bermuda Vegetables	Cheese Sandwich
Pears	i caciics	Peaches	Tropical Fruit	Fruit Cocktail
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Graham Crackers	Wheat Crackers	Yogurt Assorted	Fruit Cups	Sliced Oranges
Pineapple Cup	String Cheese	Peaches &	Vanilla Wafers	Graham Crackers
т пострукти	J	Strawberries		
16	17	18	19	20
	Bagel	Scrambled Eggs	Waffle Sticks	Biscuit
Marate Later	Cream Cheese	Turkey Sausage	Applesauce	Turkey Sausage
Martin Luther	Fruit Salad	Fresh Melon	Turkey Bacon	Tropical Fruit
King Jr.			•	•
Birthday	Turkey & Cheese	Baked Drumsticks	Pot Roast	BBQ Chicken Pizza
•	Sandwich	Northern Beans	Mixed Vegetables	Sweet Corn
Center Closed	Carrot	Basmati Rice	Cornbread	Pineapple
	Tropical Fruit	Mixed Fruit	Peaches	
	Wheat Crackers	Fruit Bite Parfaits	Pineapple Cups	Sliced Apple
	String Cheese	Vanilla Wafers	Graham Crackers	Cheese Sticks
23	24	25	26	27
23 Yogurt	24 Cinnamon Oatmeal	25 Wheat Toast	26 Crispy Cereal	27 Waffle Sticks
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Yogurt	Cinnamon Oatmeal	Wheat Toast	Crispy Cereal	Waffle Sticks
Yogurt Fruit Salad	Cinnamon Oatmeal Turkey Ham Baked Apples	Wheat Toast Turkey Bacon Fruit Medley	Crispy Cereal Banana	Waffle Sticks Fruit Topping Peaches
Yogurt Fruit Salad Turkey Meatballs	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders	Crispy Cereal Banana Spaghetti &	Waffle Sticks Fruit Topping Peaches Meatloaf
Yogurt Fruit Salad Turkey Meatballs Wheat Rolls	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers Sweet Potato Fries	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders Sweet Corn	Crispy Cereal Banana Spaghetti & Turkey Meatballs	Waffle Sticks Fruit Topping Peaches Meatloaf Mashed Potato
Yogurt Fruit Salad Turkey Meatballs Wheat Rolls Mixed Vegetables	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders	Crispy Cereal Banana Spaghetti & Turkey Meatballs Bermuda Vegetables	Waffle Sticks Fruit Topping Peaches Meatloaf Mashed Potato Diced Carrots
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Yogurt Fruit Salad Turkey Meatballs Wheat Rolls Mixed Vegetables Mixed Fruit	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers Sweet Potato Fries Fresh Cantaloupe	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders Sweet Corn Fruit Cocktail	Crispy Cereal Banana Spaghetti & Turkey Meatballs Bermuda Vegetables Peaches	Waffle Sticks Fruit Topping Peaches Meatloaf Mashed Potato Diced Carrots Mixed Fruit
Yogurt Fruit Salad Turkey Meatballs Wheat Rolls Mixed Vegetables Mixed Fruit Graham Crackers	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers Sweet Potato Fries Fresh Cantaloupe	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders Sweet Corn Fruit Cocktail	Crispy Cereal Banana Spaghetti & Turkey Meatballs Bermuda Vegetables Peaches Yogurt Assorted	Waffle Sticks Fruit Topping Peaches Meatloaf Mashed Potato Diced Carrots Mixed Fruit Apple Muffins
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Yogurt Fruit Salad Turkey Meatballs Wheat Rolls Mixed Vegetables Mixed Fruit Graham Crackers Pineapple Cups 30 Biscuit Turkey Sausage	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers Sweet Potato Fries Fresh Cantaloupe Oatmeal Bar Sliced Apple	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders Sweet Corn Fruit Cocktail Pita Chips Guacamole I Scrambled Eggs Turkey Bacon	Crispy Cereal Banana Spaghetti & Turkey Meatballs Bermuda Vegetables Peaches Yogurt Assorted Peaches & Strawberries	Waffle Sticks Fruit Topping Peaches Meatloaf Mashed Potato Diced Carrots Mixed Fruit Apple Muffins Apple Sauce
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Yogurt Fruit Salad Turkey Meatballs Wheat Rolls Mixed Vegetables Mixed Fruit Graham Crackers Pineapple Cups 30 Biscuit Turkey Sausage Mixed Fruit Mediterranean Soup	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers Sweet Potato Fries Fresh Cantaloupe Oatmeal Bar Sliced Apple 31 Crispy Cereal Banana Chicken &	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders Sweet Corn Fruit Cocktail Pita Chips Guacamole I Scrambled Eggs Turkey Bacon Pears Salisbury Steak	Crispy Cereal Banana Spaghetti & Turkey Meatballs Bermuda Vegetables Peaches Yogurt Assorted Peaches & Strawberries 2 Blueberry Muffin Apple Sauce Smothered Chicken	Waffle Sticks Fruit Topping Peaches Meatloaf Mashed Potato Diced Carrots Mixed Fruit Apple Muffins Apple Sauce 3 Biscuit Turkey Sausage Mixed Fruit Chicken Chili
Yogurt Fruit Salad Turkey Meatballs Wheat Rolls Mixed Vegetables Mixed Fruit Graham Crackers Pineapple Cups 30 Biscuit Turkey Sausage Mixed Fruit Mediterranean Soup Cheese Sandwich	Cinnamon Oatmeal Turkey Ham Baked Apples Turkey Burgers Sweet Potato Fries Fresh Cantaloupe Oatmeal Bar Sliced Apple 31 Crispy Cereal Banana Chicken & Dumplings	Wheat Toast Turkey Bacon Fruit Medley BBQ Chicken Sliders Sweet Corn Fruit Cocktail Pita Chips Guacamole I Scrambled Eggs Turkey Bacon Pears Salisbury Steak Mashed Potatoes	Crispy Cereal Banana Spaghetti & Turkey Meatballs Bermuda Vegetables Peaches Yogurt Assorted Peaches & Strawberries 2 Blueberry Muffin Apple Sauce Smothered Chicken Basmati Rice	Waffle Sticks Fruit Topping Peaches Meatloaf Mashed Potato Diced Carrots Mixed Fruit Apple Muffins Apple Sauce 3 Biscuit Turkey Sausage Mixed Fruit Chicken Chili Peas & Carrots
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