**-MARCH 2015-**

**Dow Jones Family Center**

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| **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| 2) Chicken ‘n’ Sauce with Couscous & Broccoli, Apple/ Available V: Couscous W/Cheese & Broccoli  | 3) Macaroni with Monterey Jack & Mild Cheddar Cheeses, Green Beans, Sliced Oranges/ Available | 4) Swedish Meat balls- ‘n’ Sauce, Mashed Potatoes, Italian Blended Vegetables, Sliced Peaches/ AvailableV: Veggie Burgers  | 5) Baked Ziti, W/Mozzarella & Ricotta Cheese, Mixed Vegetables, Sliced Wheat Rolls,Fresh Fruit / Available | 6*)* Baked BBQ Chicken,Steamed White Rice, Sweet Corn and Peas, Fresh Fruit/ Available V: Red Beans with Parmesan Cheese |
| 9) Turkey Sloppy Joe, on Enriched Bun, Dollar Potato Fries, Italian Blend, Fresh Fruit/AvailableV: Red Bean Sloppy Joe | 10) Mushroom CreamSauce & Broccoli over Spaghetti, Topped with Broccoli florets & Grated Parmesan Cheese, Fresh Fruit / Available | 11) Turkey Taco, Lettuce,Tomato/Tri-Cheese Blend,Soft Tacos, Sliced Oranges V:Black & Red Bean Taco  | 12) Oven Grilled CheeseSandwich on Wheat Bread, Minestrone Soup, Fruit Cocktail Cup / Available | 13)100% Ricotta CheeseRavioli, Peas and Carrots, Banana / Available |
| 16) Spaghetti W/Turkey Sauce, Peas & Carrots, Mixed Tropical Fruit / AvailableV: Spaghetti W/Red Sauce | 17) Macaroni with Monterey Jack & Mild Cheddar Cheese, Green Beans, Apples / Available  | 18) Swedish Meat balls ‘n’ Sauce, Steamed Rice, Mixed Vegetables, Fresh Fruit / Avail ableV: Veggie Burgers  | 19) Oven Baked ChickenStrips, American Blend Vegetables, Mashed Potatoes Banana/AvailableV: Naan Pizza  | 20*)* Turkey Sloppy Joe on Enriched Bun, Dollar Potato Fries, Broccoli/Cauliflower, Fresh Fruit/AvailableV: Red Bean Sloppy Joe |
| 23) 100% Ricotta CheeseRavioli, Peas and Carrots, Banana / Available | 24) Chicken Enchilada Casserole, Mixed Vegetables, Fresh Fruit / AvailableV: Without Chicken,Sliced Wheat Rolls | 25) Chicken & Spinach Stew, Steamed White Rice, Dinner Rolls, Fresh FruitV: Veggie Stir Fry | 26) Spaghetti W/Turkey Sauce, Green Beans, Sliced Oranges/ AvailableV: Spaghetti W/Red Sauce  | 27*)* Oven Baked ChickenStrip Parmesan, Steamed White Rice, Italian Blend Vegetables, Sliced Apples/AvailableV: Naan Pizza |
| 30) Stuffed Chicken Quesadilla,Cooked Bell Pepper, Broccoli, Black Beans V: Without Chicken | 31) Baked Ziti W/Mozzarella & Ricotta Cheese, Mixed Vegetables, Fresh Fruit/ Available |

**Lunch Menu**

