



MENU

Bright Days Learning Center



*This menu is subject to change. All changes will be noted.

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Whole Wheat Biscuit w/ Jam Mixed Berries	Cold Cereal Orange Wedges	Turkey Sausage on Whole Grain Muffin Melon	Oatmeal Banana	Egg Bake Pineapple
Lunch	Chicken and Rice Casserole Broccoli Peaches	Ravioli in Marinara Sauce Garden Salad w/ Dressing Mangos	Warm Ham and Cheese On Croissant Carrot Sticks Apple Slices	Beefy Mac Casserole made w/ Whole Grain Pasta Green Beans Fruit Mix Deluxe	Chicken Taco Served on a Multi Grain Soft Shell w/ Cheese, Lettuce, Tomatoes, Salsa Mandarin Oranges
Vegetarian	Soy/Cheese Sandwich		Soy/Cheese Sandwich	Soy/Cheese Sandwich	Soy/Cheese Sandwich
Infant	Breakfast: Mangos	Lunch: Plain Ravioli	Lunch: Banana Soft Carrots		Breakfast: Melon Lunch: Applesauce
Afternoon Snack	Nature Valley Baked Bar Milk	Warm Garlic Bread w/ Diced Tomatoes Water	Fresh Made Corn Muffin Milk	Cinnamon Cream Cheese on a Multi Grain Tortilla Wrap Milk	String Cheese w/ Whole Grain Crackers Water

Week of :

Week 2

Infants and Toddlers are served Whole Milk
Twos and older are served 1% Milk