

Balancing Act Life Hacks:

Part 1

The Life of a Working Parent in 2017

Guided by Daniel Levi, MA, LCPC, a therapist with 5 small children(!), this workshop brings real life experience to real life ways of balancing childrens' needs and parents' needs. With humor and lots of goodwill, Daniel helps to ease the way toward solutions that enhance family dynamics.

March 22, 2017
5:00 p.m. – 6:00 p.m.

You Will Learn:

- Common and uncommon situations that can arise in working families
- How to figure out communications that work
- How to identify individual dynamics within your family and the needs of family members
- How we create our own stress
- Life hacks and tips for creating harmony

Please RSVP by March 20th to:

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