

BRIGHT HORIZONS INFANT SIGNATURE PRACTICES

Creating a Great Place for Babies

*Babies are born with a job to do: to learn about the world and develop into the very best people they can be. This learning and development starts with exploration, and is supported by a daily routine that inspires new discoveries. At **Bright Horizons®**, our infant program includes a primary caregiver – your child's classroom teacher – and six signature practices that stimulate early learning.*

Maximizing Prime Times

One-on-one interactions between infants and their primary caregivers foster a child's unique style of learning. Thoughtfully interacting with your baby during these "Prime Times" (diaper changes, mealtimes, and other daily events) facilitates development of emotional intelligence, personal worth and power, autonomy, and language – all skills that are essential to learning.

Reading to Infants Daily

An early introduction to reading aloud is the greatest predictor of later success as an independent reader, so we've made reading aloud a daily part of our infant program. By engaging your baby in age-appropriate books and stories, primary caregivers support listening skills and expanding vocabulary while encouraging a lifelong love of reading.

Daily Exposure to the Arts

Babies in our programs engage in a wide variety of daily creative activities, from finger painting and singing songs to listening to music, pretending, and playing with instruments. By exposing your baby to visual art, music, dance, and drama, we offer learning opportunities to inspire interest today, and set the stage for imagination and creativity later in life.

Using Sign Language

Every day, your infant's primary caregiver will teach basic signs such as "more," "drink," and "please." By helping your baby to communicate her needs before she's able to speak, signing will make her happier and fuel her desire for other forms of communication.

Using Treasure Baskets

Interacting with open-ended materials allows your baby to explore and learn in her own unique way in concert with her stage of development. Your baby's primary caregiver will provide a variety of natural and everyday objects that are rich in possibilities, texture, color, or shine – brushes, spoons, and safe outdoor materials, for example – for your baby to investigate.

Daily Outdoor Exploration*

With daily outdoor exploration, your baby will benefit from a connection with nature and the outdoors, allowing her to investigate different environments and explore new places for motor and sensory development.



Great Places for Babies™

Each infant in our program is assigned a nurturing primary caregiver, who focuses on creating experiences and opportunities for your baby to grow and thrive. Our goal is to encourage exploration and discovery, and to support the rapid and important development that will occur in your baby's first year.

*not available in all city locations