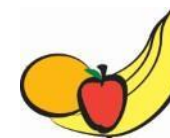




## 2017 Bright Horizons at Harborview Cycle Menu



	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 1</b>	<b>B</b> Cereal Seasonal Fruit  <b>L</b> Grilled Cheese Veggies Veggie Burger  <b>S</b> Ritz Crackers Clementines	<b>B</b> WW English Muffins, Bananas  <b>L</b> Fish sticks Mashed Potatoes Veggie, Veggie Burger <b>S</b> Yogurt	<b>B</b> Scrambled eggs, toast, Seasonal Fruit  <b>L</b> Cheese Ravioli & Sauce, Veggies, Veggie Burger <b>S</b> Watermelon, Pita Bread	<b>B</b> WW Toast, Turkey Sausage, Apples  <b>L</b> Pizza, Veggies  <b>S</b> Zucchini, Bell Peppers, Cucumbers, & Hummus	<b>B</b> Pancakes, Applesauce, Seasonal Fruit  <b>L</b> Cheese Quesadilla, Salsa, Brown Rice, Veggies <b>S</b> Cottage Cheese & Melon
<b>Week 2</b>	<b>B</b> Mini Bagels & Jam, Seasonal Fruit  <b>L</b> Grilled Cheese, Veggies, Veggie Burger  <b>S</b> Goldfish, Apples	<b>B</b> Oatmeal, Bananas  <b>L</b> Turkey Burger, Sweet Potato Fries, Veggies, Veggie Burger  <b>S</b> Cottage Cheese & Melon	<b>B</b> Scrambled Eggs, Toast, Seasonal Fruit  <b>L</b> Pizza, Veggies  <b>S</b> Watermelon & Graham Crackers	<b>B</b> Cereal, Apples  <b>L</b> ½ Soup, ½ Sandwich, Veggies, Veggie Burger  <b>S</b> Cheese Sticks & Crackers	<b>B</b> Pancakes & Applesauce, Seasonal Fruit  <b>L</b> Mac & Cheese, Veggies, Veggie Burger  <b>S</b> Ritz Crackers Clementines
<b>Week 3</b>	<b>B</b> Cereal, Pears, Milk  <b>L</b> Grilled Cheese, Veggies, Veggie Burger  <b>S</b> Saltines & Melon	<b>B</b> Toast, Turkey Sausage, Bananas  <b>L</b> ½ Soup, ½ Sandwich, Veggies, Veggie Burger  <b>S</b> Rice Cakes & Oranges	<b>B</b> Pancake, Applesauce, Seasonal Fruit <b>L</b> Cheese Quesadilla, Salsa, Brown Rice, Veggies  <b>S</b> Watermelon, Ritz Crackers	<b>B</b> English Muffins & Cheese, Apples  <b>L</b> Pasta & Meatballs, Veggies  <b>S</b> Yogurt	<b>B</b> Scrambled Eggs, Toast, Seasonal Fruit  <b>L</b> Pizza, Veggies  <b>S</b> Hummus & Pita Bread

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Week 4</b>	<b>B</b> Mini Bagels & Jam, Seasonal Fruit  <b>L</b> Cheese Tortellini & Sauce, Veggies, Veggie Burger  <b>S</b> Goldfish, Apples	<b>B</b> Cereal, Bananas  <b>L</b> Grilled Cheese, Veggies, Veggie Burger  <b>S</b> Yogurt	<b>B</b> Waffles, Applesauce, Seasonal Fruit <b>L</b> Turkey Burger, Sweet Potato Fries, Veggies, Veggie Burger <b>S</b> Watermelon, Saltines	<b>B</b> WW Toast, Turkey Sausage, Apples  <b>L</b> Pizza, Veggies  <b>S</b> Cottage Cheese & Melon	<b>B</b> Hard Boiled Eggs, Toast, Fruit  <b>L</b> Pasta, Meatballs, Veggies, Veggie Burger  <b>S</b> Ritz Crackers
<b>Week 5</b>	<b>B</b> Cereal, Seasonal Fruit  <b>L</b> Grilled Cheese, Veggies, Veggie Burger  <b>S</b> Goldfish, Oranges	<b>B</b> Oatmeal, Bananas  <b>L</b> Fish Sticks, Mashed Potato, Veggies, Veggie Burger <b>S</b> Veggies & Dip	<b>B</b> Scrambled Eggs, Toast, Seasonal Fruit  <b>L</b> Pizza, Veggies  <b>S</b> Watermelon & Graham Crackers	<b>B</b> Toast, Turkey Sausage, Seasonal Fruit  <b>L</b> ½ Soup, ½ Sandwich, Veggies, Veggie Burger  <b>S</b> Yogurt	<b>B</b> Pancakes & Applesauce, Seasonal Fruit  <b>L</b> Cheese Ravioli, Veggies, Veggie Burger  <b>S</b> Hummus & Pita Bread
<b>Week 6</b>	<b>B</b> Mini Bagels, Jam, Seasonal Fruit  <b>L</b> ½ Soup, ½ Sandwich, Veggies, Veggie Burger  <b>S</b> Saltines & Apples	<b>B</b> Oatmeal, Bananas  <b>L</b> Turkey Burger, Sweet Potato Fries, Veggies, Veggie Burger  <b>S</b> Cheese Sticks and Crackers	<b>B</b> Scrambled Eggs, Toast, Seasonal Fruit  <b>L</b> Pizza, Veggies  <b>S</b> Watermelon, Ritz Crackers	<b>B</b> Cereal, Apples  <b>L</b> Fish Sticks, Mashed Potato, Veggies, Veggie Burger  <b>S</b> Cottage Cheese, Melon	<b>B</b> Pancakes, Applesauce, Seasonal Fruit  <b>L</b> Mac & Cheese, Veggies, Veggie Burger  <b>S</b> Rice Cakes & Oranges

