

# Bright Horizons at Pembroke News

## From the Director

### School Picture Day

**Thursday, October 19<sup>th</sup>**

Hayward Photography will be here on October 19<sup>th</sup> at 9:00 am. Pictures will be taken outdoors, weather permitting. If you would like your child's picture to be taken please complete and return the Picture Day Forms that have been left in your cubby.

This year, for the first time, there is a pre-pay online option. You may pre-order individual photos online and pay by credit/debit card. If you have more than one child at the center and you would like a sibling photo, you must submit an order form and check for the sibling photo (in addition to ordering individual photos online).

If your child does not normally attend school on Thursday, you may bring him/her to school for individual and class photos. **You must stay with your child.**

We will do our best to estimate the time that each group will be photographed once we have the picture order forms returned and know how many children will be participating.

**Please be sure to return your order forms to the office NO LATER THAN TUESDAY, OCTOBER 17<sup>th</sup>!**

## Important Dates

**Monday, October 9<sup>th</sup>**

Center Closed for Columbus Day

**Thursday, October 19<sup>th</sup>**

School Picture Day

Read for the Record

**Friday, November 10<sup>th</sup>**

Center Closed for Professional Development

**Thursday and Friday November 23-24**

Center Closed for Thanksgiving

## South Shore Organics

**Bright Horizons Pembroke is a delivery location for South Shore Organics!**

Families who participate in the Nourish to Flourish program order a weekly or bi-weekly delivery of locally grown produce.

Your delivery includes a variety of 7-9 locally grown fruits and vegetables.

If you are interested in learning more about the Nourish to Flourish program please visit the South Shore Organics website.

<https://southshoreorganics.com>

### Bright Horizons at Pembroke

334 Old Oak Street, Pembroke, MA 02359

781-829-2156 | [pembroke@brighthorizons.com](mailto:pembroke@brighthorizons.com)

Monday-Friday 6:30 am-6:00 pm.



# CLASSROOM HIGHLIGHTS

## Infant

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All of the children at Bright Horizons Pembroke participated in The Wonder Project. The Wonder Project involved the investigation of leaves, stones, sticks and pods. Since children naturally interact with leaves, stones, sticks, and pods, it wasn't hard to get the ball rolling. The Infant teachers started by introducing natural elements like tree bark, pine cones, and leaves into the classroom environment. Then, they observed how the children interacted with these materials. From there, the teachers could guide the children's experience by asking them questions about what they were seeing and touching. For example, how did the material feel when they touched it? Was it hard or soft, heavy or light?



## Toddler

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The Toddlers enjoyed collecting natural materials to investigate. The children went on a nature walk to the garden. They were able to collect many items to explore such as leaves, sticks, stones, grass, and flowers! The Toddler teachers helped the children explore these natural materials in the classroom by giving the children opportunities to use the materials in math, science, and art activities.



## Preschool

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The Preschoolers had so much fun exploring nature with The Wonder Project! They used giant logs to create a dinosaur habitat in their sandbox. The children also made etchings of various types of leaves they found around our building. One of their favorite activities was painting different foods on rocks. Then, the Preschoolers used the rocks to create a restaurant on their playground, complete with a drive through window!



## Kindergarten Prep

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The Kindergarten Prep students were very eager to investigate leaves, stones, sticks and pods! They collected natural materials from all around our property, and then they brought them to the Art Studio. The KP students used sticks and pine needles as paint brushes, they also created a class nature collage using sticks, stones, pinecones, leaves, and pine needles. In our STEM Lab, the KP students worked on a sink and float experiment using different sized rocks and shells. They also used a giant magnifying glass to examine some interesting rocks and minerals. The KP students also used grass, leaves, sticks, and glue to create their own bird nests!



# READY FOR SCHOOL NEWS

## Building Relationships – A Family Affair

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Sometimes the “job” of parenting keeps us so busy that we don’t consider intentionally building close relationships with our children. Giving children focused attention helps them feel valued and important. Close physical and emotional connections create loving relationships.

Below are a few tips to building meaningful relationships with your child:

**Words and actions matter.** Show and express feelings of appreciation. Think of the message you give your son when you give him a hug and say, “I’m so glad that you’re my son. I love you to infinity and beyond.”

**Prioritize togetherness.** Schedule time when you can be fully present (without screens or phones). Even 30 minutes a day relays the message, “You are the most important thing in my world.”

**Invite participation in meal preparation and other family chores.** Yes, even toddlers can wash vegetables, mix ingredients, and sort socks.

**Appreciate family meals.** Eating meals together strengthen family bonds as you share your plans for the day in the morning and reconnect in the evening. Consider playing “thorns and roses” where everyone shares their best and worst experiences of the day.

**Capitalize on commute time.** Sing songs, play word games, or play, “I Spy.” On public transportation, read, talk, or enjoy the scenery.

**Write messages.** Leave messages on napkins, draw pictures, or put notes in lunchboxes or backpacks.

**Designate a game night.** From charades to board games, it’s all about family fun. A designated game night ensures that everyone will reserve that evening.

**Go for a hike or walk.** Hiking or walking is a shared experience that encourages bonding.

**Bond at bedtime.** A leisurely bedtime routine which might include cuddles, stories, quiet discussions, and lots of hugs helps children fall asleep feeling closely connected to their parents.

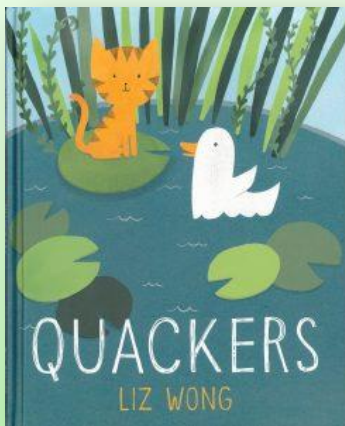
# BRIGHT HORIZONS NEWS

## Help Set a World Reading Record!

Bright Horizons invites you and your family to participate in JumpStart's *Read for the Record*® the world's largest shared reading experience — bringing together over 2 million people each year in classrooms, libraries, community centers, and homes across the US.

Jumpstart is a national early education organization working toward the day that every child enters kindergarten prepared to succeed. Sign up to participate in **#ReadfortheRecord** on October 19, 2017, to help shine a light on the importance of closing the kindergarten readiness gap by building early literacy and language skills for every child.

Partake in the group reading of the book *Quackers* by Liz Wong and help break the record this year! To learn more about Jumpstart's *Read for the Record* visit [www.readfortherecord.org](http://www.readfortherecord.org).



### **Quackers by Liz Wong**

*Quackers* is a delightful story about a kitten who grows up believing he's a duck, until the days he meets another kitten. What follows is a sweet tale about understanding, acceptance, and learning it's ok to be whoever you want to be.



Check out all the places you can connect with us!