

Bright Horizons at Long Ridge Road News

From the Director

All are welcome to join us for our...

Teal TRUNK OR TREAT

Friday, October 27th 4:30PM-6:00PM

Please don't forget to fill out the form and give it back to us



MUD KITCHEN IN ACTION

What was the last time you played with mud?



Important Dates

Read for the Record

October 19th

This year we will read "Quakers" by Liz Wong

Picture Day

October 11th-13th

Reasons to Celebrate

Happy Birthday!

Isla W – 3rd

Meena W – 11th

Elise Q – 14th

Aidan R – 14th

Reya B – 18th

David R – 18th

Jacob L – 20th

Lillian F – 23rd

Amyra K – 24th

Miss Jessica – 30th

Bright Horizons at Long Ridge Road

778 Long Ridge Road, Stamford, CT 06850

203-461-8653 | Irr@brighthorizons.com

M-F & 7:30am-6:30pm



CLASSROOM HIGHLIGHTS

Infant

Our babies enjoyed the beautiful weather every time they went outside. They explored the leaves that have fallen from the tree! They used their hands to pick up, crunch, smash, and toss around the leaves. We continued the exploration as we brought the leaves in to the classroom. We talked about different colors, sizes and shapes. The children laughed when the teachers tossed leaves up in the air and they landed on them!



Toddler

We created an enriched environment for our toddlers to explore farm and garden. While investigating the sandbox they discovered a carrot patch. Then they practiced their fine motor skills by shucking the corn. Another day they planted lima beans. Using open-ended materials the children made their very own barn and played with the farm animals inside of their barn. Through meaningful conversations, asking “what if” questions the teachers help the children become skilled observers and develop their thinking skills.



Preschool

After our preschoolers read the story “Pete the Cat I Love My White Shoes”, the children engaged in an interactive book discussion and extension activity inspired by the book. Just like Pete the Cat, the children explored painting with their feet and washing off their feet in the “puddle” (a bowl of water). This activity promoted their gross motor, cognitive, listening, and social skills.



Kindergarten Prep

Apple Cloud Dough

Fostering their language, social, cognitive, and creative skills, our children explored apple cinnamon scented cloud dough in the sensory table. Throughout the activity, the children engaged in pretend play as they used various tools and molds to create pies, homes, and other scenarios.



READY FOR SCHOOL NEWS

Building Relationships – A Family Affair

Sometimes the “job” of parenting keeps us so busy that we don’t consider intentionally building close relationships with our children. Giving children focused attention helps them feel valued and important. Close physical and emotional connections create loving relationships.

Below are a few tips to building meaningful relationships with your child:

Words and actions matter. Show and express feelings of appreciation. Think of the message you give your son when you give him a hug and say, “I’m so glad that you’re my son. I love you to infinity and beyond.”

Prioritize togetherness. Schedule time when you can be fully present (without screens or phones). Even 30 minutes a day relays the message, “You are the most important thing in my world.”

Invite participation in meal preparation and other family chores. Yes, even toddlers can wash vegetables, mix ingredients, and sort socks.

Appreciate family meals. Eating meals together strengthen family bonds as you share your plans for the day in the morning and reconnect in the evening. Consider playing “thorns and roses” where everyone shares their best and worst experiences of the day.

Capitalize on commute time. Sing songs, play word games, or play, “I Spy.” On public transportation, read, talk, or enjoy the scenery.

Write messages. Leave messages on napkins, draw pictures, or put notes in lunchboxes or backpacks.

Designate a game night. From charades to board games, it’s all about family fun. A designated game night ensures that everyone will reserve that evening.

Go for a hike or walk. Hiking or walking is a shared experience that encourages bonding.

Bond at bedtime. A leisurely bedtime routine which might include cuddles, stories, quiet discussions, and lots of hugs helps children fall asleep feeling closely connected to their parents.

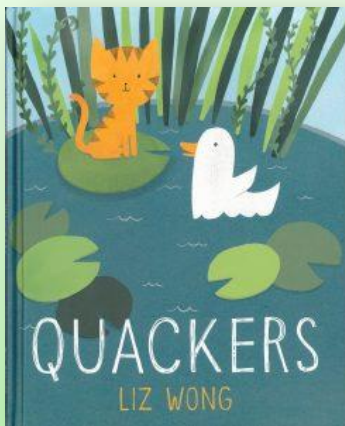
BRIGHT HORIZONS NEWS

Help Set a World Reading Record!

Bright Horizons invites you and your family to participate in JumpStart's *Read for the Record*® the world's largest shared reading experience — bringing together over 2 million people each year in classrooms, libraries, community centers, and homes across the US.

Jumpstart is a national early education organization working toward the day that every child enters kindergarten prepared to succeed. Sign up to participate in **#ReadfortheRecord** on October 19, 2017, to help shine a light on the importance of closing the kindergarten readiness gap by building early literacy and language skills for every child.

Partake in the group reading of the book *Quackers* by Liz Wong and help break the record this year! To learn more about Jumpstart's *Read for the Record* visit www.readfortherecord.org.



Quackers by Liz Wong

Quackers is a delightful story about a kitten who grows up believing he's a duck, until the days he meets another kitten. What follows is a sweet tale about understanding, acceptance, and learning it's ok to be whoever you want to be.



Check out all the places you can connect with us!