

Bright Generations Downtown September 2017



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
28	29	30	31	
Biscuits	Scrambled Eggs	Bagels	Yogurt	Crispy Cereal
Turkey Bacon	Smoked Sausage	Turkey Links	Fruit Salad	Fresh Bananas
Mixed Fruit	Tropical Fruit	Peaches	Saliahum, Staala	Vazatabla Saun
Turkey Meatballs	Chicken Tenders	Chicken Teriyaki	Salisbury Steaks Mixed Vegetable	Vegetable Soup Cheese Sandwich
Wheat Rolls	Mashed Potatoes	Stir Fry Vegetables	Mashed Potatoes	Fruit Cocktail
Mixed Vegetables	Capri Vegetables	Basmati Rice	Tropical Fruit	That Cocktain
Pineapples	Pears	Mandarin Oranges		
F F			Cheddar Cheese	Pita Chips
Yogurt	Sliced Oranges	Oatmeal Bars	Wheat Crackers	& Hummus
Assorted Fresh Fruit	Graham Crackers	Fresh Bananas		
4	5	6	7	8
4	5 Yogurt	o Crispy Cereal	, Hash Browns	o Biscuits
	Mixed Fruit	Bananas	Turkey Bacon	Turkey Sausage
	Thixed I Tult	Dananas	Mixed Fruit	Pineapple
Center Closed		Turkey Meatballs		
	Chicken Soup	Wheat Rolls	Meat Loaf	BBQ Chicken Sliders
For Labor	Wheat Rolls	Grilled Vegetables	Mashed Potatoes	Vegetarian
Day.	Tropical Fruit	Pineapple	Sweet Peas	Baked Beans
			Fruit Cocktail	Peaches
		V	a / · · -	
	Wheat Crackers	Yogurt Assorted Blend	Oatmeal Bars	Mixed Fruit Cups
	Cheddar Cheese	Peach & Strawberry	Fresh Sliced Apples	Graham Crackers
	Sticks	13	14	15
11	12	13	14	13
Biscuits	Hash browns	Crispy Cereal	Scrambled Eggs	Bagels
Turkey Bacon	Turkey Sausage	Bananas	Mixed Fruit	Turkey Sausage
Mixed Fruit	Peaches		Turkey Bacon	Tropical Fruits
		Smothered Chicken	-	•
Beef Stew	Chicken Fettuccine	Northern Beans	Salisbury Steaks	Cheese Pizza
Corn Bread	Italian Vegetables	Basmati Rice	Mac & Cheese	Sweet Corn
Green Beans	Tropical Fruit	Mixed Fruit	Mixed Vegetables	Watermelon
Pears			Pine Apples	
Vanilla wafers	Apple Muffins	Graham Crackers	Series als Die	Tortilla Turkey and
Assorted Yogurt	Peach Cup	Strawberry Yogurt	Spinach Dip Pita Chips	Cheese Wraps
Assorieu Toguri			r ita Chips	
18	19	20	21	22
10	English Muffins	Grits		
Yogurt	Turkey Bacon	Turkey Sausages	Blueberry Muffins	Biscuits
Fruit Salad	Baked Apples	Fruit Medleys	Apple Sauce	Turkey Sausage
		-		Peaches
Chicken &	Chicken Casserole	BBQ Baked Chicken	Spaghetti	
Dumplings	Broccoli	Potato Salad	Turkey Meat Sauce	Turkey Burgers
Green Peas	Wheat Rolls	Sweet Corn	Mixed Vegetable	Sweet Potato Fries
Tropical Fruit	Mixed Fruit	Fruit Cocktail	Peaches	Pineapple
Graham Crackers	Oatmeal Bars	Tortilla Turkey and	Vanilla Wafers	Fresh Watermelon
Fresh Bananas	Fresh Sliced Oranges	Cheese Wraps	Fresh Cantaloupe	Graham Crackers
	con enced eranges	Checke Whaps	. i con cuntaroupe	eranan erackers
25	26	27	28	29
Biscuits	Scrambled Eggs	Yogurt	Cream OF Wheat	Crispy Cereal
Turkey Bacon	Smoked Turkey	Fruit Salad	Turkey Bacon	Fresh Bananas
Mixed Fruit	Sausage		Tropical Fruit	
Chinker Chill	Tropical Fruits	Pot Roast	Denne Drefe 14/	Pulled BBQ Chicken
Chicken Chili	Chicken Tenden	Mixed Vegetables	Penne Pasta W/	Sandwiches Botato Salad
Corn Bread	Chicken Tenders Mashed Potatoes	Basmati Rice	Alfredo Sauce Grilled Chicken	Potato Salad
Mixed Vegetables Pineapple	Capri Vegetables	Mandarin Oranges	Mixed Vegetable	Fruit Cocktail
i illeapple	Pears		Mixed Fruits	Pita Chips &
	i cai j	Oatmeal Bars	. inco i ruits	Spinach Dip
Yogurt Assorted	Sliced Oranges	Fresh Banana	Cheddar Cheese	- P
Fresh Fruit	Graham Crackers		Wheat Crackers	