

# Christopher Lambert



## Soccer Enrichment Program



Christopher Lambert is currently pursuing a B.A in Psychology and has over 2+ years in the education field. He enjoys teaching sports fundamentals classes to enhance children's physical health in a fun and exciting way. Christopher works with young children to channel their energy in a productive way, as well as gives them an outlet to express themselves through sports.

The Soccer curriculum at Bright Horizons will build on a child's own instinctive joy of movement. Our Soccer curriculum will introduce our early learners to various soccer exercises, drills and games.

Lessons will be planned in a way that will engage our early learners to develop strength, endurance, and coordination. Our Soccer curriculum will also provide opportunities for children to develop teamwork and cooperative skills.

"It's not how big you are, it's how big you play"