

Bright Horizons® at Seneca Street

2018 Parent Workshops



At **Bright Horizons®** we take our responsibility to partner with families very seriously. One way we strive to do this is to provide opportunities for families to have fun together, learn together, and meet other families at various events throughout the year. We hope you will join us for one or all of our parent workshops!

April 24, 5:30 – 6:30 p.m. – Toilet Learning

Join our Education Coordinator Sharlyssa to learn tips of mastering toilet learning including toilet learning signs and skills, creating a plan, and developing a routine for day and night.

August 14, 5:30 – 6:30 p.m. – Healthy Eating Habits for Children

Our Assistant Director Kayla will lead us in a discussion about nutrition and then our chefs will provide tips on creating well-balanced meals for your children.

October 9, 5:30 – 6:30 p.m. – Understanding Temperament

Understanding your child's temperament can be a complex and often frustrating process. All children are different, and knowing your child's unique style allows you to properly respond to his/her behavior, while facilitating the interplay between you and your child

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