

## About Our Programs

### Infants and Toddlers

The first two years of life are an extraordinary time that sets the stage for all the years that follow. During this time, children need to acquire a sense of trustworthiness, safety, and security. Without this sense, the world can be a scary place to cope with and learn about. The first two years are critical for brain and language development. Life experiences play a fundamental role in "hard-wiring" the brain. Bright Horizons provides infants and toddlers with a responsive, language-rich environment, helping to optimize a child's psychological and neurological development.

### Two-Year-Olds

In this transitional year, two-year-olds struggle between the total dependence of babyhood and the more independent world of preschoolers. Throughout the day, children make self-directed and guided choices and participate in small and large group activities. Children are guided through critical learning experiences that form the building blocks of healthy development.

### Three to Five-Year-Olds

Children learn best through active experiences and exploration with the physical and social environment. Bright Horizons' learning centers emphasize the development of language, mathematical reasoning, and scientific thought. Teachers guide the exploration, discovery, and mastery of experiences by encouraging and challenging children during "learnable moments." Bright Horizons' goal is that children enter school with the skills and desire to think for themselves, solve problems, work with others, learn in a school setting, and gain an increasing understanding of how the world works.

