



Bright Horizons at **The Enrichment Center**

Menu for Week

August 11 - 15, 2014



Day	Morning Snack	Lunch	Afternoon Snack
Monday	Cream of Wheat Craisins Organic Milk	Black Bean (canned) & Cheese Burritos Green Beans (from frozen) Bananas Organic Milk	String Cheese Wheat Crackers Water
Tuesday	English Muffin w/Cheese Organic Milk	Spaghetti w/ Turkey Meatballs & Sauce Spaghetti & Veggie Crumble (from frozen) & Sauce Fresh Tossed Salad w/ Ranch Dressing Fresh Strawberries Organic Milk	Applesauce Graham Crackers Water
Wednesday	Bran Muffins (from frozen) Organic Milk	Chicken & Brown Rice Edamame & Brown Rice Mixed Vegetables (from frozen) Fresh Blackberries Organic Milk	Tropical Fruit Wheat Crackers Water
Thursday	Raisin Bread Toast Apple Butter Organic Milk	Turkey & Cheese Wheat Rollup Cheese Wheat Rollup Broccoli & Cauliflower Medley (from frozen) Fresh Watermelon (from frozen) Organic Milk	Yogurt Graham Crackers Water
Friday	Rice Krispies Cereal Orange Juice Organic Milk	Cheese Pizza (from frozen) Fresh Carrot Sticks Bananas Organic Milk	Assortment of Crackers Organic Milk



All Meals are served with hormone free Milk, Water or 100% Fruit Juice.
Select produce are locally grown and supplied by NC farmers using Ford's Produce.
Substitutions are made for appropriate age group, allergies and some special dietary needs.
Parents: This menu is subject to change without notice due to deliveries and emergencies.

www.brighthorizons.com/enrichment